

INFORMATION SHEET 2021-2022

# CENTER FOR SUSTAINABLE DEVELOPMENT

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@KAMPOT Province



Contact us @:

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# ABOUT CAMBODIAN YOUTH ACTION (CYA)

Cambodian Youth Action (CYA) founded in October 10, 2010 as a non - governmental and not for profit organization aims providing opportunity for youth to explore themselves and the world through International Voluntary Service. CYA legally registered with Ministry of Interior of Royal government of Cambodia on November 11, 2014.

CYA is a full member of Network for Voluntary development in Asia (NVDA) since 2012 and Coordinating Committee for International Voluntary Service (CCIVS) since 2014. CYA is also a partner of Service Civil International (SCI) and ALLIANCE of European Voluntary Service.

## MISSION, VISION, & VALUES

CYA mission is to provide the IVS (International Voluntary Service) opportunity for people from around the world to explore themselves and the world and become active global citizens.

CYA Vision is to be the trusted and reliable International Voluntary Service organization in Cambodia offering best IVS program for people from all walk of life to get inspire, engage, and to be empowered to take action toward world peace and sustainability.

CYA believes that through cooperating with local and international partners in organizing international voluntary service programs, CYA brings youth from around the world to meet, share, discuss, and learn from each other in order to create their better future while helping to support development of local community where children and teenagers will have more opportunities to see the world outside of their place.

## WELCOME TO CYA 2022 PROJECT

Dear Volunteers!

Welcome to CYA project 2022! 2020 was a hard time for the volunteer to travel because the pandemic has been spreading worldwide. Besides, a throwback to the good old year, 2019, there was such a was a great and impactful year for CYA, communities, and volunteers. 318 int'l and national volunteers engage in different projects that contributed to change in local communities and children's lives. With you, 2022 will be another great year to achieve our goals of supporting community development and children's education. You are receiving this information sheet it means that you are accepted to the project you had chosen. This information sheet provides you all the detail related to your project. It includes; the project information, what should you bring? what can you expect? what do we expect from you? financial condition/extra fee, and how to get to the project? We would like you to read carefully and understand the information provided so you will have no trouble and enjoy the project the most!

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# ABOUT CENTER FOR SUSTAINABLE DEVELOPMENT

Center for Sustainable Development (CSD) started in 2014 to; (1) promote higher education among local children and teenagers, (2) To preserve and protect local cultural heritage, and (3) improve the living condition of local people.

Volunteers have been the most important stakeholder that makes CSD possible. They start from building bamboo classrooms, designing our beautiful library and placing thousands of books, donating computers for our computer class, and teaching English, music, arts, and sports to our local students. More importantly, students are able to access all our services for free. Besides supporting our non-formal education program, volunteers are also the connector that helps us to gather local people to work together in organizing different events/ ceremonies to preserve and protect local culture heritages and make the community once again alive. Moreover, the presence of volunteers in the community has been making changes in local people's lives. For example, the condition of hygiene and sanitation in many families has been improved, small grocery shops are growing inside the community for family incoming generation, etc. With CSD, volunteers are not only given but they also get as much as they give. By participating in different activities in the project at CSD, volunteer learns the local lifestyle, experience real life in community, adapt to the local living condition, make friends and enlarge their personal network around the world, and discover their career and life's goals.

In short, volunteers had started CSD and make changes in the community while learning and changing in themselves. We thank very much our partners that support our idea and continue to send us motivated volunteers so that the Center for Sustainable Development can continue to chase our goals. While exciting on 2022 planning process, we would like to invite you to join us to make a bigger change in our community.



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## OVERALL GOALS

1

*Promote higher education among children and teenagers*

2

*To protect and preserve local culture heritage*

3

*Become the first sustainable village in Cambodia*

## SPECIFIC OBJECTIVES FOR 2022



*1. Decrease the number of students drop off school by developing and improving CSD education program*



*2. Create community vegetable farm and weekend market to sell local products*



*3. Conduct survey/research on local culture heritages, create documentation of local culture heritages, celebrate it with local people together with our volunteers*

## PREPROJECT ACTIVITIES

*2022 is another exciting year to welcome volunteers to join Center for Sustainable Development project with various project activities as follow:*

### COMMUNITY CHALLENGES

- Visit the community and live with local people to learn and experience about local living condition, lifestyle, culture while getting to know more about local needs, and generating new ideas for solution.
- Work with local people to improve hygiene and sanitation and the living environment

### NON - FORMAL EDUCATION

- Teach English, sports, music, arts, and computer to students at CSD & public school
- Organize different workshops, training, and activities to improve teenagers life skills
- Organize public events to promote higher education

### COMMUNITY VEGETABLE FARM AND WEEKEND MARKET

- Work with local people to create a vegetable farm in the Center for Sustainable Development field
- Organize weekend market so that local people can display and sell their farming products and other hand - made products produced by local people

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# LIVING CONDITIONS

## FOOD

3 meals per day will be covered by the participation fee. Food will be cooked by local chef but you still can help in cooking. Volunteers will join your daily cleaning and washing team. Meals will be the basic Cambodian dishes.



## ACCOMMODATION



Volunteers are going to stay in the volunteer's house which is located inside the village and it takes about 5 minutes walk from the center. There are several toilets and bathrooms behind the house and at the center so volunteers can use both of them. Volunteer's house was build in 2016 and it's separated into two rooms. Volunteers might need to share room with others. The accommodation is equipped with simple sleeping mattress, blankets, pillows and mosquito nets. It is not very perfect but this is what the villagers use, and find it very comfortable for their daily life.

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## THINGS TO BRING

- Positive energy to work and live the local lifestyle
- Idea for energizing games and activities during you free time
- Knowledge, education, and information about your country so that you can share with other participants
- Sunscreen: It would be helpful for outside activities and traveling since the Cambodia sun is brutal.
- Hand sanitizer: always useful just in case you can't wash your hands at a particular moment
- Clothes Cambodia is hot all year round, even in rainy season – the heat and the humidity combine to make most people sweat a lot. Comfortable clothes and shoes for daily and activities, and a set smart clothes. Covering up in a hot climate might sound mad, but it's great protection against the sun.
- Some personal medicine such as allergy, mosquito repellent, and other emergencies medicine though we will provide first aids for basic condition.
- Traditional cloth that you might want to wear in the international night
- Food and ingredients for international dinner and snack so that you can share with local people.

## WHAT CAN YOU EXPECT?



*Make more friends with local and other international volunteers*



*Contribute to local development while building a strong connection with people*



*Gain knowledge and skills through sharing with each other.*



*Have opportunity to learn and living in culture diversity*



*Experience living lifestyle of Cambodian people during your project*

## WHAT WE EXPECT

- Volunteers read and understood this information. Stay the entire length of project.
- Volunteers are aware about the concept of international voluntary service which is not a cheap way of spending your holiday but a voluntary activity that need your high motivation and willing to achieve a certain goal together with team.
- Realize that living condition in Cambodia is much difference from your home country (no warm water, no air-conditioning, not easy to access to international phone and internet, no soft beds, and the food is also differences etc).
- Volunteers should understand about the aims of project and realize that learning about Cambodian way and social contact is more important than manual work.
- Volunteers are open minded, leave prejudice behind and show initiative.
- Volunteers should understand the situation of spending time with local people who do not speak English very well.
- Volunteers should try the effort in trying to communicate in basic Khmer language or other way of communicating (work, pictures, gestures, etc). If you will try, you will be amazed how quick you will learn basic Khmer language.
- Do not complain if any activities do not happen as planned. It is depending on condition and situation. So bring some flexibilities and you will stay relax and avoid a lot of stress and frustration for yourself.

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## ABOUT YOUR FREE DAY

Volunteers will have weekends off to explore some tourist spots around the workcamp area. We will not arrange any tour for everyone therefore, you can discuss among your team about where you would like to spend the weekend together. There are some interesting options for the team to explore and the camp-leader will introduce you to some attractions but still the decision is you and your team decide. He/she also can help to arrange the transportation for you as well if you needed.



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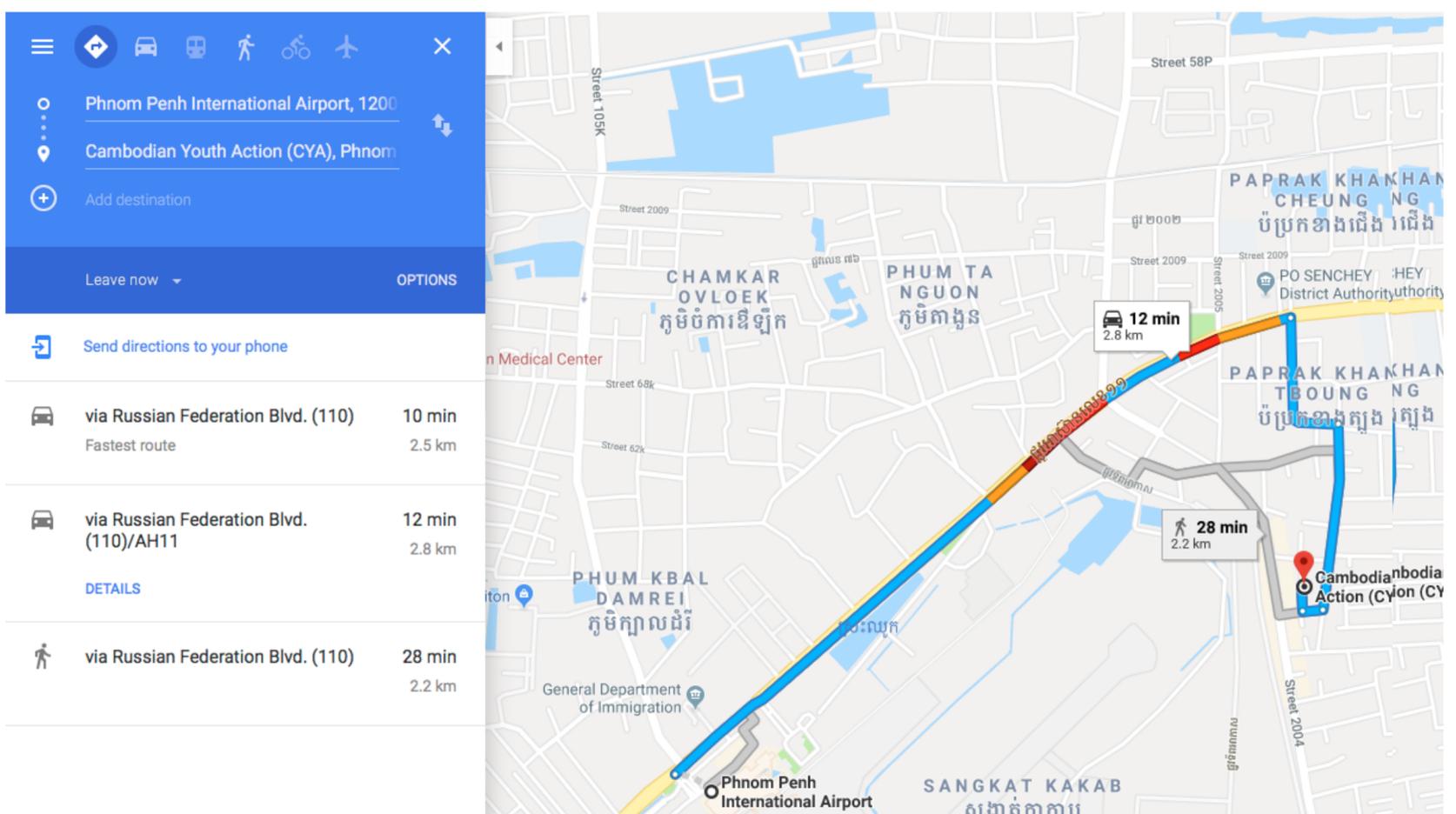
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## A BRIEF ABOUT CAMBODIA

- **CLIMATE:** Cambodia has two distinct seasons. The rainy season, which runs from May to October, can see temperatures drop to 22 °C (71.6 °F) and is generally accompanied with high humidity. The dry season lasts from November to April when temperatures can rise up to 40 °C (104 °F) around April.
- **SHOPPING & CURRENCY:** Cambodian currency is Khmer Riels, but US Dollar is officially accepted all over the country (USD 1 ~ 4, 000 Riels). Therefore, it is not necessary to get your money exchanged to local currency, as some place the exchange rate is very low. Credit card is not widely accepted, but you can withdraw for cash from ATMs located in the city.
- **CLOTHES & STUFF:** Please take comfortable clothes for good and bad weather. Thick jacket is not necessary here in Cambodia. Bring comfortable shoes to walk on the road, which is sometimes muddy or stony. The weather is normally very hot in the afternoon, so it is always good to bring sunscreen or skin protection product you normally use.

## MEETING POINT

Volunteers who participate in the CSD, we would like to suggest you fly to Phnom Penh Int'l airport. Everyone will gather at the CYA office in Phnom Penh for the orientation session. There are several means of transportation you can take in Phnom Penh such PassApp, Grab, Buses, and others. You can download the app to your phone and use it. The map below will show you how to get to the office or you go to google maps and type "Cambodian Youth Action" as your destination. We would like to ask volunteers to arrive at our office between 8:30 - 10:30 am as the orientation session will be conducted at 10:45.



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